

1. Game Length Game length will be four (4) 8 Minute running clock quarters.
Clock will stop for all whistles, etc. during last 2 minutes of each HALF.

2. Overtime 2 minute overtime in this league.

3. Warm-up 5 minute pre-game, 5 minute half time unless reduced by site coordinator.

4. Timeouts 3 timeouts per game, 1 timeout per overtime (no carry over)

5. Playing Time **Each player must play 2 full quarters from beginning until end of each quarter, each player must sit one full quarter from beginning until end of quarter.**

Exception, if one team has 6 or less players at start, then sitting one full quarter is suspended for both teams.

This league is designed to teach fundamentals, rules and team play.

Please have your players play equal amounts as possible.

6. Wristbands Not used in this league..

7. Offense Plays should be designed to incorporate all five players. Create situations to encourage spacing, screening & cutting.

8. Defense Basic man-to-man defense. Each player should guard a player with corresponding wristband.
Please have best players guard each other. Help defense is allowed after player is beaten.

Penalty: 1st time; WARNING, 2nd Time and after; 1 Technical Shot each offense

8a. Steals Steals are permitted.

8b. Press No press allowed.

9. Goal Height 10 feet.

10. Free Throws Regular 7 foul bonus 1 and 1, players can shoot from 12 feet.

11. Referees Two referees.

12. Conduct Deliberate action by a player which could result in injury to another player shall be a two shot technical foul, removal from the game, and referral to the PYBL disciplinary committee.
Profanity, inordinate displays of temper, and other unsportsmanlike contact will result in technical fouls, removal from the game, and referral to the PYBL disciplinary committee for removal as coach.

Other Rules Any rules not described above shall be interpreted according to IHSAA National Fed Rules for 2013-14.